

Dr.Hauschka

Skin Care

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Dr.Hauschka

Skin Care



Natural Face Care



Nature's Treasures Transformed for You

The uniqueness of Dr.Hauschka Skin Care

The skin possesses its own powers of nurture and regeneration and skin care products should support these functions. This is what makes the natural Dr.Hauschka Skin Care products unique.

During the day, when we are active, the skin protects us, wraps us in a cocoon. At night, while we sleep, it regenerates itself. Over a period of 28 days all the cells of the surface layer of skin are completely renewed. We are particularly concerned with the care of the delicate skin of the face. The finely tuned Dr.Hauschka Face Care range stimulates the skin's own activity, strengthens its intrinsic, healthy rhythms and protects against external influences.

Kidney vetch (*Anthyllis vulneraria*) and the Rose (*Rosa damascena*) are at the heart of every formulation in the Dr.Hauschka Skin Care range.

Kidney vetch supports the skin's natural rhythm.

The Rose lends Dr.Hauschka Skin Care products their harmonising powers.

Plant extracts, mineral substances, nurturing oils and waxes together with natural essential oils form the base for this high-quality natural skin care range.

Publishing Details

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In case of conflicting information the declarations
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Natural Face Care

Three Care Steps and You Are Ready to Start the Day

Dr.Hauschka Face Care brings together all that is best in nature. Specially chosen essences of medicinal herbs and nurturing oils, combine perfectly in the Three Step Day Care concept: experience the pleasant and beneficial effects of this natural care on your skin – all day long.

		
Cleansing	Toning	Daytime Protection
Cleansing Cream Cleansing Milk	Facial Toner	Rose Day Cream Moisturising Day Cream Quince Day Cream

Night Care

One feature of the Dr.Hauschka Face Care concept may well surprise you – oil-free night care.

After cleansing, instead of hampering the natural processes of elimination with a greasy care product, stimulate the skin with Dr.Hauschka Facial Toner or the water-based, invigorating and regenerating plant extracts of the Dr.Hauschka Rhythmic Night Conditioner.



1. Cleansing

Cleansing Cream Revitalizing Cleansing

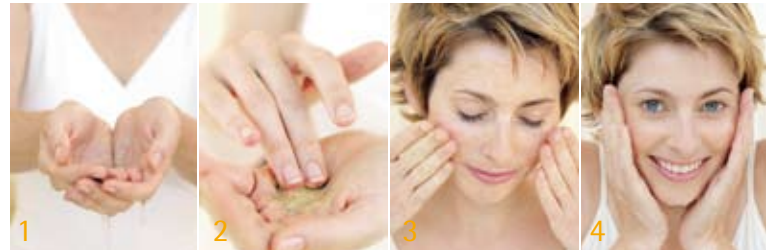
Gentle cleansing with Dr.Hauschka Cleansing Cream provides the ideal basis for a clear, rosy complexion. Whole ground Almonds, combined with Almond oil and Wheat germ oil, simultaneously refine the pores and replenish. Medicinal herbs such as Kidney vetch, Chamomile and Calendula nurture the skin.

- ▶ for all skin conditions
- ▶ use mornings and evenings



How Is It Used?

1. Moisten face with lukewarm water.
2. Squeeze about 2 cm of cleansing cream into the moistened palms and mix with a little water to a creamy emulsion.



3. Spread the emulsion over the face, working from bottom to top and from the centre to the edges, using a rolling motion. Repeat with moistened hands.
Important: keep the emulsion moist, do not rub it in or use like a scrub.
4. Remove the cleansing cream with lukewarm water and rinse twice, first with lukewarm, then with cool water.



1. Cleansing

Cleansing Milk

Gentle Cleansing, Make-Up Remover

Dr.Hauschka Cleansing Milk is made up of Kidney vetch, Jojoba oil, Almond oil and Apricot kernel oil, with extracts of Oats, Rye and Wheat, for use on the delicate skin of the face and particularly for make-up removal. This gentle cleansing supports and strengthens the natural elasticity of the skin and lends a beautiful complexion.

- ▶ for all skin conditions, especially dry and sensitive skin
- ▶ use mornings and evenings
- ▶ as make-up remover – follow up with Dr.Hauschka Cleansing Cream as required

2. Toning

Facial Toner

Invigoratingly Refreshing Basic Care Product

Dr.Hauschka Facial Toner enhances the skin's intrinsic balance and contains Witch hazel and Kidney vetch to stimulate the skin's own activity. The result is a beautifully radiant, rosy complexion.

- ▶ for all skin conditions
- ▶ use in the morning and evening after cleansing
- ▶ spray generously over face, neck and décolleté
- ▶ also suitable as after-shave for men



The condition of the skin can vary. Because of the variation in the amount of protection that it requires, Dr.Hauschka Face Care includes four preparations which, on their own or in combination, offer the right day care for all skins.



3. Daytime Protection

Rose Day Cream Rich Protective Day Care

Dr.Hauschka Rose Day Cream prevents the skin from drying out and offers ideal protection. Rose oil, Rose wax, Shea butter and extracts of Rose hip and Avocado, shield the skin and support its natural regeneration.

- ▶ for normal, dry and sensitive skin, and mature skin with a tendency to premature ageing
- ▶ for skin prone to redness and broken or dilated capillaries (couperose skin)
- ▶ use in the morning after cleansing and toning



The Rose – *Rosa ssp.*

The rose is one of mankind's oldest companions. This mysterious, self-contained being seems so ethereal that in many cultures the rose was seen as a gift of the gods. Because of their harmonising properties, Rose essential oil, Rose water, Rose wax or Rose petal extract are found in almost all Dr.Hauschka Skin Care products and Decorative Cosmetics.

Moisturising Day Cream Light, Stimulating Moisturiser

The creamy Dr.Hauschka Moisturising Day Cream makes the skin feel fresh and vibrant. Even tired skin regains its vitality and radiance. High-quality plant extracts and oils activate the skin's natural moisture and lipid production and support a healthy balance.

- ▶ for dry, moisture-depleted skin and normal skin
- ▶ use in the morning after cleansing and toning
- ▶ also suitable for men

Quince Day Cream Protecting and Moisturising

The fine Quince wax in Dr.Hauschka Quince Day Cream forms a protective layer on the skin, without impeding its natural breathing. Extracts of Quince seed and selected medicinal herb extracts maintain its moisture levels. The smooth cream reinforces the skin's own power to protect itself against external influences.

- ▶ for normal skin
- ▶ use in the morning after cleansing and toning



Other Natural Skin Care Products for the Day

Normalising Day Oil and Clarifying Toner

Skin which has become imbalanced often reacts with blemishes and irritation. A course of treatment with Dr.Hauschka Skin Care helps restore its inner rhythm:

Dr.Hauschka Normalising Day Oil is our regulating day care product and helps the skin normalise its production of sebum. The special composition of medicinal herbs makes Dr.Hauschka Clarifying Toner an effective care product for greasy skin prone to blackheads.

Toned Day Cream and Translucent Bronze Concentrate

Whether your skin is clear or blemished: Dr.Hauschka Translucent Bronze Concentrate gives a beautiful, lightly tanned, even complexion. It can be mixed with any day care product until your personal skin tone is achieved. Dr.Hauschka Toned Day Cream lends dry, sensitive skin a soft tint.

Day care

Skin states	Cleansing	Basic care – to reinforce the skin functions	Moisturising
Normal skin	Cleansing Cream	Facial Toner	Quince Day Cream
Dry, moisture-depleted skin	Cleansing Cream	Facial Toner	Moisturising Day Cream, then Rose Day Cream
Sensitive skin	Cleansing Milk	Facial Toner or 1 ampoule of Rhythmic Conditioner, Sensitive	Rose Day Cream
Combination skin	Cleansing Cream	Clarifying Toner	Mix Moisturising Day Cream and Normalising Day Oil
Greasy, blemished skin	Cleansing Cream	Clarifying Toner	Normalising Day Oil
Mature skin	Cleansing Cream	Facial Toner or 1 ampoule of Rhythmic Night Conditioner	Moisturising Day Cream, then Rose Day Cream

Cleansing Milk is also recommended as a make-up remover (including eye make-up) for all skin conditions.

Night Care

Skin states	Cleansing	Oil-free intensive care to regulate the skin	Oil-free basic care after normalization of the skin state
Normal skin	Cleansing Cream	Rhythmic Night Conditioner Course of treatment (28 days) 2–4 times per year	Facial Toner
Dry, moisture-depleted skin	Cleansing Milk	Rhythmic Night Conditioner Course of treatment (28 days) 2–4 times per year	Facial Toner
Sensitive skin	Cleansing Milk	Rhythmic conditioner, Sensitive until improvement (at least 28 days)	Facial Toner
Combination skin	Cleansing Cream	Rhythmic conditioner until improvement (at least 28 days)	Clarifying Toner
Greasy, blemished skin	Cleansing Cream	Rhythmic conditioner until improvement (at least 28 days)	Clarifying Toner
Mature skin	Cleansing Cream	Course of Rhythmic Night Conditioner 4–6 times per year, or use continuously	Facial Toner

Ingredients

Quince Day Cream

Ingredients: Aqua, Prunus Armeniaca, Anthyllis Vulneraria, Pyrus Cydonia, Alcohol, Daucus Carota, Glycerin, Butyrospermum Parkii, Prunus Dulcis, Olea Europaea, Cetearyl Alcohol, Persea Gratissima, Althaea Officinalis, Buxus Chinensis, Cera Flava, Lecithin, Bentonite, Hamamelis Virginiana, Parfum, Citral*, Citronellol*, Geraniol*, Limonene*, Linalool*, Eugenol*, Benzyl Benzoate*, Xanthan Gum.

Moisturising Day Cream

Ingredients: Aqua, Anthyllis Vulneraria, Prunus Armeniaca, Alcohol, Hamamelis Virginiana, Prunus Dulcis, Olea Europaea, Daucus Carota, Arachis Hypogaea, Triticum Vulgare, Hypericum Perforatum, Glycerin, Calendula Officinalis, Lecithin, Buxus Chinensis, Parfum, Limonene*, Linalool*, Farnesol*, Benzyl Benzoate*, Geraniol*, Citronellol*, Benzyl Salicylate*, Citral*, Algin, Xanthan Gum.

Normalising Day Oil

Ingredients: Anthyllis Vulneraria, Prunus Armeniaca, Prunus Dulcis, Arachis Hypogaea, Daucus Carota, Hypericum Perforatum, Triticum Vulgare, Calendula Officinalis, Melia Azadirachta, Buxus Chinensis, Parfum, Citral*, Limonene*, Linalool*, Citronellol*, Geraniol*, Farnesol*, Benzyl Benzoate*, Benzyl Salicylate*, Eugenol*, Theobroma Cacao.

Facial Toner

Ingredients: Aqua, Anthyllis Vulneraria, Alcohol, Hamamelis Virginiana, Parfum, Linalool*, Citronellol*, Geraniol*, Limonene*.

Clarifying Toner

Ingredients: Aqua, Alcohol, Anthyllis Vulneraria, Calendula Officinalis, Tropaeolum Majus, Aesculus Hippocastanum, Echinacea Pallida, Hamamelis Virginiana, Bellis Perennis, Parfum, Citronellol*, Geraniol*, Linalool*, Lactic Acid.

Cleansing Cream

Ingredients: Aqua, Prunus Dulcis, Anthyllis Vulneraria, Calendula Officinalis, Alcohol, Arachis Hypogaea, Triticum Vulgare, Chamomilla Recutita, Hypericum Perforatum, Hamamelis Virginiana, Parfum, Citronellol*, Geraniol*, Malpighia Punicifolia, Xanthan Gum, Algin.

Cleansing Milk

Ingredients: Aqua, Alcohol, Anthyllis Vulneraria, Buxus Chinensis, Prunus Dulcis, Prunus Armeniaca, Glycerin, Fermented Grain Extract, Cetearyl Alcohol, Bentonite, Lecithin, Xanthan Gum, Parfum, Limonene*, Geraniol*, Linalool*, Citronellol*.

Rose Day Cream

Ingredients: Aqua, Arachis Hypogaea, Althaea Officinalis, Cera Flava, Persea Gratissima, Hypericum Perforatum, Butyrospermum Parkii, Lecithin, Parfum, Citronellol*, Geraniol*, Linalool*, Limonene*, Citral*, Farnesol*, Benzyl Alcohol*, Eugenol*, Rosa Gallica, Rosa Canina.

*component of natural essential oils