

Oil-free!

Keeps active skin active

Cleansing Cream

Deep, cleansing care

Gentle cleansing with Dr.Hauschka Cleansing Cream provides the ideal basis for Oil-free Night Care. Extracts of medicinal plants such as Calendula, Chamomile, St. John's Wort and Anthyllis give a mild cleanser that clarifies the skin. Cleansing Cream also helps to refine the pores, encouraging the elimination of waste products.

- ▶ Natural cleansing leaves a clear, healthy complexion
- ▶ Suitable for all skin conditions



Cleansing Milk

Gentle make-up remover and cleanser

Dr.Hauschka Cleansing Milk contains moisturising Jojoba and Almond oil, strengthening Anthyllis and special cereal extracts to return moisture to the skin, helping to prevent the skin from drying out. Your skin can breathe freely again.

- ▶ Assists in obtaining a smooth complexion
- ▶ Suitable for all skin conditions, particularly dry and sensitive skin



Ingredients

Cleansing Cream

Ingredients (INCI): Water (Aqua), Sweet Almond (Prunus Dulcis) Meal, Anthyllis Vulneraria Extract, Calendula Officinalis Extract, Alcohol, Peanut (Arachis Hypogaea) Oil, Wheat (Triticum Vulgare) Germ Oil, Matricaria (Chamomilla Recutita) Extract, Hypericum Perforatum Extract, Witch Hazel (Hamamelis Virginiana) Extract, Sweet Almond (Prunus Dulcis) Oil, Fragrance (Parfum), Citronellol*, Geraniol*, Acerola (Malpighia Punicifolia) Extract, Xanthan Gum, Algin.

* component of natural essential oils

Cleansing Milk

Ingredients (INCI): Water (Aqua), Alcohol, Anthyllis Vulneraria Extract, Jojoba (Buxus Chinensis) Oil, Sweet Almond (Prunus Dulcis) Oil, Apricot (Prunus Armeniaca) Kernel Oil, Glycerin, Fermented Grain Extract, Cetearyl Alcohol, Bentonite, Lecithin, Xanthan Gum, Fragrance (Parfum), Limonene*, Geraniol*, Linalool*, Citronellol*.

* component of natural essential oils

Rhythmic Night Conditioner

Ingredients (INCI): Water (Aqua), Rose (Rosa Damascena) Essential Oil, Althaea Officinalis Extract¹, Aloe Barbadensis Extract¹, Kalanchoe Daigremontiana Extract¹, Anthyllis Vulneraria Extract¹, Sunflower (Helianthus Annuus) Extract¹, White Lily (Lilium Candidum) Extract¹, Rose (Rosa Gallica) Petal Extract¹, Witch Hazel (Hamamelis Virginiana) Extract¹, Mica¹, Royal Jelly¹, Mel¹, Silver¹, Sodium Chloride.

¹ (in rhythmised dilution)

Rhythmic Conditioner, Sensitive

Ingredients (INCI): Water (Aqua), Fragrance (Parfum), Borage (Borago Officinalis) Extract¹, Matricaria (Chamomilla Recutita) Extract¹, Rose (Rosa Canina) Hip Extract¹, Southernwood (Artemisia Abrotanum) Extract¹, Witch Hazel (Hamamelis Virginiana) Extract¹, Veronica Officinalis Extract¹, English Oak (Quercus Robur) Extract¹, Pearl Powder¹, Copper Hydroxide Carbonate^{1/2}, Sodium Chloride.

¹ (in rhythmised dilution), ² (Malachit)

Dr.Hauschka

Skin Care

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Oil-free Night Care

Moisturises and
regenerates overnight



Where Science and Spirit Meet

Night Care

Inner rhythm for healthy skin

Moisturises and regenerates overnight

Dr.Hauschka Skin Care has an unusual and special feature which may well surprise you – Oil-free Night Care.

Why is Oil-free Night Care good for the skin?

Healthy, balanced skin naturally has all the powers it needs to regenerate, hydrate and protect itself. Environmental conditions, inner stress and other pressures can make the skin lose its rhythm and compromise its regenerating powers. It is therefore important to use skin care products which support the skin's own natural abilities and rhythms.

The skin is normally most active at night, eliminating the toxins of the day. The Dr.Hauschka **Oil-free Night Care** Programme supports the healthy rhythms of the skin and its metabolism. Instead of burdening these natural elimination processes with oily skin care products, the Dr.Hauschka Oil-free Night Care Programme contains water-based plant essences which have a stimulating and regenerating action.

Night time is therefore the right time to use Oil-free Skin Care. It allows the skin to breathe freely and overcome any weakness or imbalance; the result is healthy, beautiful skin.



The ultimate in **Oil-free Skin Care** is Dr.Hauschka Rhythmic Night Conditioner, which assists in normalising all skin conditions, and Dr.Hauschka Rhythmic Conditioner, Sensitive, for extremely red, sore, blotchy skin. These exquisite intensive conditioning products come in ampoules and contain extracts of moisturising medicinal plants, precious stones and metals in diluted, rhythmised form and natural essential oils.

Rhythmic Night Conditioner gives your skin intensive support when switching from your old routine to the Dr.Hauschka Oil-free Night Care Programme.

2-4 times a year, give your skin a regenerating boost with these special intensive care products. A 28-day treatment course strengthens and supports the skin's natural activity and inner rhythm.

Rhythmic Night Conditioner

Dynamic, harmonizing and rejuvenating

Dr.Hauschka Rhythmic Night Conditioner is a skin care product to be used at night after cleansing in place of your usual Dr.Hauschka toner. Used 2-4 times a year as a 28-day treatment course, it stimulates the skin to activate its own regenerative powers.

- ▶ Normalising action for all skin conditions
- ▶ Revitalises and tightens the skin
- ▶ Improves skin elasticity and helps to reduce the appearance of wrinkles

Rhythmic Conditioner, Sensitive

Soothes and balances sensitive skin

The balanced composition of medicinal plants and minerals soothe the skin and help to reduce redness.

- ▶ Suitable for very sensitive, inflamed, couperose skin conditions only
- ▶ Reduces the appearance of broken capillaries or dilated veins on the face
- ▶ Gives additional support to sun intolerant or sunburnt skin



Application

- ▶ Apply Rhythmic Night Conditioner as part of your evening cleansing routine in place of your usual Dr.Hauschka Toner
- ▶ Apply the contents of 2 ampoules every evening for the first 22 nights and the contents of one ampoule on each of the remaining 6 evenings

Tips

- ▶ A regenerating 28-day treatment is particularly recommended in the spring and the autumn
- ▶ Each year you should complete one 50-ampoule course of treatment for every 10 years of your life, e.g. 3 treatment courses per year for someone aged 30-39
- ▶ Dr.Hauschka Rhythmic Conditioners are available in packs of 50 ampoules for a 28-day regenerating treatment or as a travel pack containing 10 ampoules

